



## **Chris Sanders Bio**

Sanders spent seven years with the team now known as the Titans, starting in Houston and moving with the team to Memphis and then Nashville. He retired in 2002 from the Cleveland Browns after injuring a spinal disc.

Sanders was the 2000 winner of Pro Football Weekly's Arthur S. Arkush Humanitarian Award for his work with the hungry and homeless through the Sanders Foundation. He is now a motivational speaker on topics like goal-setting, abstinence, race relations, physical training and men's issues.